



**LIABILITY RELEASE AND INDEMNIFICATION FORM FOR TRAVEL**

THIS FORM IS APPLICABLE TO ALL ATHLETES OVER THE AGE OF EIGHTEEN AND ALL ATHLETES OVER THE AGE OF NINETEEN THAT ARE RESIDENTS OF NEBRASKA AND ALABAMA.

I, the undersigned participant, request voluntary participation to travel to and from USA Swimming events for the dates from \_\_\_\_\_, 20\_\_ through \_\_\_\_\_, 20\_\_.

I consent to my participation in traveling to and from USA Swimming events and acknowledge that the I fully understand my participation in travel may involve risk of serious injury or death, including losses which may result not only from my own actions, inactions or negligence, but also from the actions, inactions, or negligence of others. This includes all travel to and from the event arranged by USA Swimming, including but not limited to all transportation being plane, boat, train, van, car, airline and/or chartered plane paid either by the participant or travel paid or reimbursed by USA Swimming. I understand that if I have any risk concerns regarding travel, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before travel begins.

**Release – Participant’s Rights:**

In consideration of allowing Participant to travel to and from USA Swimming events, I hereby release and hold harmless USA Swimming, members of its board of directors, and its officers, employees, members, volunteers, other participants, and agents (collectively, the “Released Parties”), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her travel to USA Swimming events. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

\_\_\_\_\_  
(Print name of Participant)

\_\_\_\_\_  
(Signature of Participant)

\_\_\_\_\_  
(Date)